

## LIPOSUCTION POSTOPERATIVE INSTRUCTIONS

1. Try not to take your pain medications and antibiotics on an empty stomach. Eat a light meal before taking medications.
2. Start antibiotics six hours after leaving office. Finish all antibiotics. There will be only three pills the last day. Start Sinecch™ when you get home and follow instructions on package.
3. Expect a lot of blood-tinged drainage; change dressings as needed.
4. Call the office if your temperature is greater than 101.5° or if there are any signs of infection.
5. You may shower on the second day after surgery with assistance.
6. After drainage has stopped, begin wearing your garment 24 hours a day until instructed otherwise.

We usually see our liposuction patients two weeks following surgery. If you have not already received an appointment, please call our office on **Monday** to schedule one.

If you have any questions or concerns, call the office during business hours at 843-797-0440 or the answering service after hours at 843-724-5441.

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

### RELEASE FOR POSTOPERATIVE HOME CARE INSTRUCTIONS:

I, \_\_\_\_\_, have been given and understand the postoperative home care instruction regarding patient, \_\_\_\_\_.

CAREGIVER SIGNATURE: \_\_\_\_\_

WITNESS \_\_\_\_\_